

VIDYALAYA MESS MENU

DAY	6:40 AM	BREAK FAST	LUNCH	SNACKS	DINNER
SUN	-	DOSAI CHUTNEY MILK	RICE, DAL ,VEGCURRY,RASAM, CURD, ROTI FOR MIGRANTS.	TEA	RICE, SAMBAR, CHUTNEY, RASAM, BUTTERMILK, ROTI FOR MIGRANTS, FRUIT.
MON	RAGI MALT	TOMATO BATH, CHUTNEY.	RICE, DAL,VEG CURRY, RASAM, CURD ROTI FOR MIGRANTS, SWEET	BISCUITS, TEA	RICE, SAMBAR, CHUTNEY, VEG CURRY, RASAM, BUTTER MILK, ROTI FOR MIGRANTS, EGG/FRUIT.
TUE	MILK	UPPAMA, CHUTNEY, PICKLE	RICE, SAMBAR, CHUTNEY, VEG CURRY,RASAM, CURD, EGG/FRUIT, ROTI FOR MIGRANTS	SWEET BUN, TEA	RICE, DAL, VEG CURRY, RASAM, BUTTER MILK, ROTI FOR MIGRANTS.
WED	RAGI MALT	PEPPER RICE, CHUTNEY POWDER.	RICE, DAL,VEG CURRY,RASAM, CURD, FRUIT, ROTI FOR MIGRANTS	LOBHA, TEA	RICE, CHICKEN / FRIED RICE, PANEER/ VEG KHORMA & SWEET FOR VEGETARIANS , RASAM, BUTTER MILK
THU	MILK	BREAD-ALU KHORMA /LEMON RICE, CHUTNEY POWDER.	RICE,DAL,VEG CURRY, RASAM, CURD, EGG/FRUIT, ROTI FOR MIGRANTS	PUFFED RICE/CHANA, TEA	RICE, SAMBAR, CHUTNEY, VEG CURRY, RASAM, BUTTER MILK, ROTI FOR MIGRANTS.
FRI	RAGI MALT	IDLI, CHUTNEY/SAMBAR.	RICE,DAL,VEG CURRY, RASAM, CURD, EGG/FRIUT, ROTI FOR MIGRANTS	BAJJI /BONDA, TEA	RICE, SAMBAR, CHUTNEY, VEG CURRY, RASAM, BUTTER MILK, ROTI FOR MIGRANTS.
SAT	MILK	PULIHORA.	VEG PALAO,KHORMA, SAMBAR, CHUTNEY, RASAM, CURD, SWEET, ROTI FOR MIGRANTS	KARA BUN, TEA	RICE, DAL, CURRY, RASAM, BUTTER MILK, ROTI FOR MIGRANTS, FRUIT.

- NOTE:**
1. Once in a month Ragi Balls will be provided for dinner on Saturday.
 2. Once in a month Poori will be provided in breakfast to Migrants on Wednesday.
 3. Twice in a month Panner-Khorma will be provided on Saturdays.
 4. Slight Change may be in Mess Menu in every month after Mess meeting.

